



AUGUST THEME



Week One

Monday ~ **READ**

READ Isaiah 55:1-2, John 4:13-14, John 6:35 and Psalm 107:9.

*www.Biblegateway.com is a great place to view varied translations and paraphrases of Scripture

Tuesday ~ **COPY**

COPY Isaiah 55:1-2, John 4:13-14, John 6:35 and Psalm 107:9.

Wednesday ~ **PONDER**

PONDER Isaiah 55:1-2, John 4:13-14, John 6:35 and Psalm 107:9 using the following prompts:

- Consider several things to keep in mind as you ponder...
 1. "satisfy" means to gratify to the full
 2. if physical hunger and thirst apply to food and water and these needs must be attended to in order to be satisfied physically... then spiritual hunger applies to Jesus who is the Word of God, and spiritual thirst applies to the Holy Spirit who is given as a stream of life within us. To be satisfied spiritually, we need the daily nourishment of Jesus the Word, and the daily flow of the Holy Spirit in our lives.
 3. Isaiah 55:1-2 is a prophetic invitation to receive fullness of life from Jesus and the Holy Spirit. It was speaking to a people who were not satisfied.
- **Isaiah 55:1-2** - Remembering these things, work through Isaiah 55:1-2 line by line and create questions to help you ponder. For instance, from line 1 you might ask these 2 questions, "What kind of thirst is Jesus talking about? Am I thirsty?" Make sure to answer your questions.
- **Isaiah 55:1-2** – Do you find yourself "*spending money for what is not bread and your wages for what does not satisfy?*" If so, how? Journal your thoughts.
- **Isaiah 55:1-2, John 4:13-14 and John 6:35** - Keeping in mind that spiritual food is Jesus the Word of God, and spiritual water is the Holy Spirit, are you "*eating what is good*" and "*delighting yourself in abundance?*"
- **Psalm 107:9** – Does this describe you? If not, how might the invitation of these other verses direct you in the days forward? Journal your thoughts.

Thursday ~ **PRAY**

PRAY into the satisfaction that these verses invite us to experience. Use the following prompts to do so:

- **PRAISE** God that He has invited you to feast and drink freely of spiritual food and drink.
- **CONFESS** where you may have been spending money and wages on false spiritual food and drink.
- **TALK** to God about the places in your life where you do not feel satisfied.
- **DECLARE** that you will "*listen carefully to Him and eat what is good*"
- **PRAISE** God for the abundance He freely supplies!

Friday ~ **LISTEN**

LISTEN to a message on Isaiah 55:1-2, John 4:13-14, John 6:35 and Psalm 107:9 on our YouTube Channel, *Established Footsteps Ministry*. *The video will be posted by Friday and the link will be sent to you via email.

Saturday ~ **SHARE**

SHARE Isaiah 55:1-2, John 4:13-14, John 6:35 and Psalm 107:9 with someone who is "*hungry and thirsty*"