

Communion is...

Communion is a meal. You eat a physical meal around a table. You eat communion with your heart face down in worship at the foot of the cross.

Read Matthew 26:1-5

As the story of Jesus' crucifixion begins to unfold, we see that Jesus was well aware of what was coming, of what the next few days would hold. I believe He knew all the details. In the NASB, verse 4 says this about the religious leaders ***"and they plotted together to seize Jesus by stealth and kill Him"*** which means they were plotting with deceit and guile. In fact, as we read through verse 5, we find they were more concerned with disrupting the festival, than they were with Jesus' life. How that must have hurt!

Jesus saw the darkness of their deceit and guile. He knew what they were plotting. Their stealth was no match for His omniscience. And yet, we'll find He didn't run from their scheming, but He walked right into it with grace, love and commitment in order to fulfill His call to rescue us from death.

This part of the Gospel story tells me that Jesus knows what it feels like to have people deceitfully scheming to hurt and destroy you. And it shows me He knows how to walk through those times with trust, confidence and love that is bigger than any expression of man's stealth.

As we partake of His body and blood today, we proclaim His death and we exchange it for our own. This Gospel meal nourishes us to walk as He did in trust, confidence and love amidst any enemy we may face.

Prayer Conversation Starter...

Jesus thank You for your willingness to set me free by walking straight into the evil schemes of man.

Today I am fighting the enemy of _____ and I am asking you to strengthen me with your body and blood... so that I, like You, can walk in grace, love and commitment through whatever you call me to do...

