



## COLOSSIANS 1:1-12 WEEK 2

ENGAGE YOUR SOUL (YOUR MIND, WILL AND EMOTIONS)

IN THE FOLLOWING EXERCISES THIS WEEK

Our focus this week is Colossians 1:9... Praying for the knowledge of His will

### 1. Warm up Part 1... READ and DISCERN

- **READ** Colossians 1:1-12 in at least 3 Bible translations. (Biblegateway.com is a great resource for this)
- **DISCERN** any wording differences you see in verse 9 amongst the three versions. Notate them in your journal.

### 2. Warm up Part 2... COPY

Copy Colossians 1:9 in the translation that speaks to you the most.

### 3. Memorize

Memorize Colossians 1:9... working on this throughout the week, starting with one section and then adding on.

\*Note: Helpful tips for memorization are available on our website [www.establishedfootsteps.com](http://www.establishedfootsteps.com)

### 4. Prayer: A Reason... A Time... A Challenge... An Action

Within this one verse, in fact in just the first part of verse 9, we find all these things in relation to prayer. Work your way through each one below, making notes in your journal.

- **A Reason...** Verse 9 begins, *“For this reason...”* Based on verses 1-8, what is the reason Paul and Timothy are praying for these believers? What does that say to you about your own responsibility to pray for newer believers?
- **A Time...** Verse 9 continues, *“since the day we heard of it...”* When did Paul and Timothy begin to pray for these believers? Why do you think this is important?
- **A Challenge...** Verse 9 goes on, *“we have not ceased to pray for you...”* How does knowing this challenge you to pray?
- **An Action...** And Verse 9 clearly says, *“and to ask...”* Here we find the bold action of asking! What prayers are you putting into action for other believers? And who is praying for you? Take time to thank them!

### 5. The Knowledge of His Will + *spiritual wisdom and understanding*

We all want to live within God’s will. But before we can center our actions in His will, we have to KNOW His will. And the prayer in verse 9 actually takes it a step further... praying to not only to be *“filled with the knowledge of His will”* but to be filled with *“spiritual wisdom and understanding”* about His will too. That is a lofty prayer! But God included it in His Word, so He must believe we can receive and live with this kind of filling in our lives. So, workout your soul in the following:

- Make a list of at least 10 things that you KNOW are God’s will for your life. Do your best to include a verse for each one. Make sure to also leave space between each one for the next exercise.
- Go back over your list, and for each will of God listed, write down what you understand to be the wisdom from God behind it. For any which you don’t yet have understanding, mark them with a star.
- Now make a second list of at least 5 or more things for which you would still like to KNOW God’s will. Leave space between each one for the next exercise.
- Go back over your second list and for each desire listed, write down some specific thoughts and questions you have about it, focused in on gaining spiritual wisdom and understanding.
- Keep hold of your lists to use in your prayer time for #6.

6. Use the **Scripture Prayer Image** to help you specifically pray Colossians 1:9 over the things you listed out during all of the exercises in #5. Also, pray for others you know who are seeking spiritual wisdom and understanding too.