



## MARCH THEME



### Week One

#### Monday ~ **READ**

**READ** Romans 4:18-21 in several translations.

\*Additional Reading of backstory if desired: Genesis 11:27-30, 12:1-5, 15:1-6, 17:1-7 & 15-21, 18:1-15, 21:1-8  
[www.Biblegateway.com](http://www.Biblegateway.com) is a great place to view varied translations and paraphrases of Scripture

#### Tuesday ~ **COPY**

**COPY** Romans 4:18-21 in your preferred translation.

#### Wednesday ~ **PONDER**

**PONDER** Romans 4:18-21 using the following prompts:

- **Vs. 18-** Abraham had a promised “word” from God, *“so shall your descendants be”* referring to him becoming a father of many nations. We all have many promises from God in His Word, and perhaps you have also received a specific promised word from Him. Write down 3 promises God has made to you, and leave space after each one.
- **Vs. 18-19-** Abraham believed in *“hope against hope.”* In other words Abraham believed even when things looked hopeless, and by all regards, they were as the Bible describes he and Sarah as being *“almost dead.”* Beside each of the promises you wrote down earlier, if that promise seems hopeless, write down this sentence and fill in the blank: **This promise from God looks hopeless because \_\_\_\_\_.**
- **Vs. 18-21-** Go through verses 18-21 and write down the dynamics of how Abraham put his hope into actions. Basically, you will be writing what hoping in God’s promises looks like. (Hint: there are 7 in the NASB)
- **Vs. 18-21-** With regard to these dynamics of hope that you just recorded, consider each one carefully alongside the promises you recorded earlier. Then ask yourself if you see these same dynamics in action in yourself with respect to the promises that God has made to you? Journal your thoughts.

#### Thursday ~ **PRAY**

**PRAY** into Romans 4:18-21 using the dynamics of hope that you wrote down about Abraham yesterday. For example, you might begin your prayer with the first one sounding something like this: *“God **‘in hope against hope’** I want to believe Your promises to me, but I often struggle. Help me to have a **‘hope against hope’** faith in You.”*

#### Friday ~ **LISTEN**

**LISTEN** to a brief message on Romans 4:18-21. You’ll find it on our YouTube Channel, *Established Footsteps Ministry*. \*This video will be posted by Friday and a link will be sent to you via email.

#### Saturday ~ **SHARE**

**SHARE** about Romans 4:18-21 with someone, describing how you are putting your hope in God’s promises into action.