

MARCH 31

Communion is...

Communion is rich food. Just like eating can be a rich experience, so my eating of the body and blood of Jesus can be rich as well.

Read Matthew 26 (Actually Today Read the blog first)

Have you ever eaten something so delicious that you can't stop thinking about it? I know you probably have. I certainly have foodie favorites... and because I love those certain foods so much, I will think about them, talk about them, and definitely make plans so I can enjoy them again.

Well just like if I eat something and then later "feast" on it through memories, conversation or even literally eating it again, the same dynamic can be true of what I partake of at the communion table.

For the last thirty days, we have been using Matthew 26 to feast on Christ at the communion table. I pray you have discovered some rich things there.

In the coming month that starts tomorrow, we are going to continue on into Matthew 27-28, but before we move on, today I want to encourage you to come to the communion table requesting to feast again on one or more of your favorites.

It could look like this... as you read back through Matthew 26, stop on those favorite things the Lord Jesus has given to you of Himself and eat of them again, savoring each part. **I am sure the Lord will smile at you across the table as you do.**

Prayer Conversation Starter...

Jesus, You give me such rich food at Your communion table. I am grateful and thankful to be able to feast on Who You are over and over again...



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