



### February 22, 2011 - Psalm 143:8

Hi everyone,

I am loving this warmer weather that seems to be peeking through every now and then...hope you are getting to experience it some, too. In fact, as I write this, I am on my way to the beach to spend the weekend celebrating my parents' fiftieth wedding anniversary and am so thankful for the beautiful sunshine today. This morning before we got ready to leave, I was meditating on verse 8 and I am thankful as well for what God revealed in my heart. Let me share it with you...

Psalm 143:8 in the NASB reads,

**"Let me hear Thy lovingkindness in the morning for I trust in Thee; teach me the way in which I should walk; for to Thee I lift up my soul."**

Last week in verse 7 I shared with you about David's rambling prayer thoughts. How easily our prayers can ramble off into thoughts void of Truth. Although David's prayer seems that way in verse 7, his prayer in verse 8 is rich with two solid Truths that are so important for us to remember as we talk to our Father.

The first phrase, **"Let me hear Thy lovingkindness in the morning for I trust in Thee"** is so important for us to recall as we approach the Lord each day. The word "lovingkindness" is actually translated from the Hebrew word "cheded" which means goodness, kindness and faithfulness. We need to remember that each morning is full of His new mercy...the day behind us is gone and the Lord is ready once again to pour out His goodness, kindness and faithfulness upon us. This phrase of David's prayer reminds me of Lamentations 3:21-23, **"This I recall to my mind, therefore I have hope. The Lord's lovingkindnesses indeed never cease, for his compassions never fail. They are new every morning; great is Thy faithfulness."** This is a Truth we would do well to bring to mind as we draw near to the Lord each day.

The second phrase, **"Teach me the way in which I should walk; for to Thee I lift up my soul"** is also rich with Truth for our prayer times each day. We should always come before the Lord with a humble attitude but I love the way that David words this. He acknowledges his need to be

taught and then he offers up his soul. It is one thing to say, "Lord teach me." If we are not careful, that can almost become a generic prayer. But by offering up his soul, David is offering up his mind, his will and his emotions. He is basically saying, *"If left to myself today, functioning in my own thinking, choices and feelings, I will more than likely blow it. So I am lifting them up to you today, Lord. I need you to teach me how to think, how to choose, how to feel. I lift all of this up to you."*

What a difference it makes when our prayers are well fashioned with Truth. Another great lesson for us in Psalm 143!

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