



PSALM 119:49-56 SECTION 7 STUDY PLAN

During this 2-week period, complete the 10 study plans below.

We suggest focusing on one study plan per day.

Use the days of margin as needed.



Day 1

MEET... with God through prayer.

MEDITATE... Read Psalm 119:49-56 in the NASB. Read Psalm 119:49-56 in at least two other versions of Scripture. Make notes about word variations that catch your attention. Take a moment to consider your first impressions of Section 7.

MEMORIZE... Select which verses in this section you will memorize during this 2-week period. Get started.

Day 2

MEET... with God through prayer.

MEDITATE... Copy Psalm 119:49-56 in the NASB on the left side of your paper. Then, on the right-hand side, beside your copy of the NASB, copy Psalm 119:49-56 from another version of choice. Underline words that seem powerful to you in either version and journal thoughts and impressions as you compare the different ways they are expressed.

MEMORIZE... Review. Add. Review. AND... also take time to review what you memorized in earlier Sections.

Day 3

MEET... with God through prayer.

MEDITATE... Read through Psalm 119:49-56 and write down every statement which includes one of the variation titles of God's Word (ex. Verse 52 – *"I have remembered Your ordinances"*). After doing so, in light of what these titles mean (see Psalm 119 Glossary), consider the distinctions of these statements and journal your thoughts and impressions. Which of David's prayer expressions about God's Word do you identify with the most? Why?

MEMORIZE... Review. Add. Review.

Day 4

MEET... with God through prayer.

MEDITATE... Read Psalm 119:49-56, looking at David's overall struggle expressed in this section. To do this, go through each verse of this section and make notes in your journal about way(s) that David seems to be struggling. And then, meditate on your own life and journal about ways that you are currently struggling. Do any of your own struggles align with David's? If so, use His prayers to express your own.

MEMORIZE... Review. Add. Review. AND... remember to review earlier Sections as well.

Day 5

MEET... with God through prayer.

MEDITATE... Read Psalm 119:49-56 with a keen eye for what David's prayers reveal about the various ways God's Word has ministered to him and is ministering to him in his struggles. Then, look specifically at verse 49 which says, *"Remember Your Word to Your servant in which You have made me hope."* and think about Scriptures the Lord has given you that also give you hope. Once the first Scripture comes to mind, write it down, and then continue to let the Holy Spirit remind you of hope filled Scriptures He has given you. Once you have a list, read through it again, taking hold of the hope God has given you in His Word, and asking Him to *"remember"* it afresh in your life!

MEMORIZE... Review. Add. Review.

Day 6

MEET... with God through prayer.

MEDITATE... Read Psalm 119:49-56 from a perspective of what David's prayers reveal about comfort. Look at verse:

- 50, considering the comfort David expresses, but also the things besides God's Word that you turn to for comfort.
- 52, recognizing this specific way David comforts himself, but also considering how you might can do this too.
- 54, seeing this specific way God's Word brings comfort to David, and also thinking about singing His statutes yourself.
- 55, realizing this specific remembrance that comforts David, and also remembering names of God that comfort you and why.

MEMORIZE... Review. Add. Review. AND... remember to review earlier Sections as well

Day 7

MEET... with God through prayer.

MEDITATE... In Psalm 119:56 in the NASB, during an obviously very difficult season, David reveals his personal ownership of God’s Word, specifically personal ownership of God’s Precepts. He makes this known by praying, ***“This has become mine that I observe Your precepts.”*** Meditate on his prayer by asking yourself the following questions: What various ways are revealed in this section of how David actually made God’s Word his own? In what ways does my life also reveal God’s Word is ***“mine?”*** How do others know that I have taken ownership of God’s Word? What is one thing I see David doing in this section that I can also do to take greater ownership of God’s Word?

MEMORIZE... Review. Add. Review. AND... just a reminder, the earlier Sections need review too.

Day 8

MEET... with God through prayer.

MEDITATE... Watch the video we’ve titled, Psalm 119:49-56, AAB Section 7, taking notes as you do. After watching, give this section a title.

MEMORIZE... Review. Add. Review.

Day 9

MEET... with God through prayer.

MEDITATE... Using the four steps shared during Introduction Week about praying Scripture, pray through Psalm 119:49-56 for yourself.

MEMORIZE... Review. Add. Review.

Day 10

MEET... with God through prayer.

MEDITATE... Using the four steps shared during Introduction Week about praying Scripture, pray through Psalm 119:49-56 for a family member or friend.

MEMORIZE... Review. Share the verses you have memorized in some way.

***Extra Suggestion for Study of Psalm 119**

SURVEY... Psalm 119 in its entirety in the NASB and copy each line that contains ***“Testimonies”*** ...after doing so, read through them, asking the Lord for insights.

Study Notes...

