



PSALM 119:57-64 SECTION 8 STUDY PLAN

During this 2-week period, complete the 10 study plans below.

We suggest focusing on one study plan per day.

Use the days of margin as needed.



Day 1

MEET... with God through prayer.

MEDITATE... Read Psalm 119:57-64 in the NASB. Read Psalm 119:57-64 in at least two other versions of Scripture. Make notes about word variations that catch your attention. Take a moment to journal your first impressions of Section 8.

MEMORIZE... Select which verses in this section you will memorize during this 2-week period. Get started.

Day 2

MEET... with God through prayer.

MEDITATE... Copy Psalm 119:57-64 in the NASB on the left side of your paper. Then, on the right-hand side, beside your copy of the NASB, copy Psalm 119:57-64 from another version of choice. Underline words that seem powerful to you in either version, and then journal thoughts and impressions as you compare the different ways they are expressed.

MEMORIZE... Review. Add. Review. AND... also take time to review what you memorized in earlier Sections.

Day 3

MEET... with God through prayer.

MEDITATE... Read through Psalm 119:57-64 and write down every statement which includes one of the variation titles of God's Word (ex. Verse 59 – *"turned my feet to Your testimonies"*). After doing so, in light of what these titles mean (see Psalm 119 Glossary), consider the distinctions of these statements and journal your thoughts and impressions. Which of David's prayer expressions about God's Word do you identify with the most? Why?

MEMORIZE... Review. Add. Review.

Day 4

MEET... with God through prayer.

MEDITATE... Read and Copy Psalm 119:57-58, looking at how David's heart is oriented to God as his source for life, and journaling about the following questions: When David declares, *"The Lord is my portion..."* what do you think he means? When living as if *"The Lord is your portion..."* what are at least 10 or more privileges that you experience? In verse 58 we see that because *"The Lord is his portion..."* David *"entreats God's favor with all of his heart..."* meaning, he was seeking the Lord with his whole heart, and not turning to other things. Can you say of yourself or are you also *"entreating the favor"* of other things in this world? If so, what are they? And what can they give, in comparison to what you receive from God?

MEMORIZE... Review. Add. Review. AND... remember to review earlier Sections as well.

Day 5

MEET... with God through prayer.

MEDITATE... Read and Copy Psalm 119:59-60, and let's look at how David intentionally orients his steps toward God. In verse 59 we see he says, *"I considered my ways."* In regard to that, let's think of our *"ways"* as being the paths and patterns of our lives, and let's consider the specific *"ways"* of our own souls by answering the following questions: What are the *"ways"* of my mind? What are the *"ways"* of my emotions? And what are the *"ways"* of my will? After *"considering your ways"* how could you also *"turn your feet to God's testimonies"* like David did? What would that look like in your life?

MEMORIZE... Review. Add. Review.

Day 6

MEET... with God through prayer.

MEDITATE... Read and Copy Psalm 119:61-62, with a focus on David's struggles and satisfaction. As you begin, let me share some things to help as you meditate on these verses. See, as we know David's story, his words in verse 61 could literally mean that he is surrounded by evil people. But using the NASB translation, as we consider the meanings of the words, *"cords"* and *"encircle"* we can see beyond the surface to realize that his words here could also be connected to verse 57 at the beginning of this section. For instance the Hebrew word translated, *"cords"* can mean a literal rope, but it can also mean a measured portion, pain, sorrow, or destruction. And the Hebrew word translated *"encircle"* actually means to

repeat (like a circle goes round and round), bear witness, testify and solemnly warn. Understanding that, I think we can paraphrase verse 61 to sound something like this, *“The portions/destruction of the wicked, continually warn me not to forget Your Law.”* In other words, when I see the destruction that comes to people all around me who don’t choose You as their portion, over and over I am warned and reminded to stay true to the ways of Your Law. With that understanding, answer the following two questions based on these two verses: Vs. 61- How does the destruction of the wicked all around you also warn you to stay true to God’s Law? Vs. 62 – How does the destruction of the wicked all around you also cause you to rise and give thanks to God, your portion, for His righteous ordinances in your life ?

MEMORIZE... Review. Add. Review. AND... remember to review earlier Sections as well

Day 7

MEET... with God through prayer.

MEDITATE... Read and Copy Psalm 119:63-64, and let’s look at David’s perspectives about both his companions and the earth... perspectives I believe he has developed because God has become his *“portion.”* To consider these, journal about the following: In verse 63, David reveals his choice of companions, what does he say? Why do you think this choice is important for both him, and yourself? In verse 64, David reveals his perspective about God’s *“lovingkindness* (His goodness, kindness, and faithfulness) *in the earth.”* Make a list of ways that you also see the fullness of *“God’s lovingkindness in the earth.”* List as many things as you can, and then make sure to thank God for them, and also ask Him to reveal more.

MEMORIZE... Review. Add. Review. AND... just a reminder, the earlier Sections need review too.

Day 8

MEET... with God through prayer.

MEDITATE... Watch the video we’ve titled, Psalm 119:57-64, AAB Section 8, taking notes as you do. After watching, give this section a title.

MEMORIZE... Review. Add. Review.

Day 9

MEET... with God through prayer.

MEDITATE... Using the four steps shared during Introduction Week about praying Scripture, pray through Psalm 119:57-64 for yourself.

MEMORIZE... Review. Add. Review.

Day 10

MEET... with God through prayer.

MEDITATE... Using the four steps shared during Introduction Week about praying Scripture, pray through Psalm 119:57-64 for a family member or friend.

MEMORIZE... Review. Share the verses you have memorized in some way.

*Extra Suggestion for Study of Psalm 119

SURVEY... Psalm 119 in its entirety in the NASB and copy each *“me, my”* prayer contained in its verses. Examples:

Vs. 5 *“Oh that my ways may be established to keep Your statutes.”*

Vs. 8. *“Do not forsake me utterly.”*

Study Notes...

