



August 1, 2011 - Psalm 56:6

Hi everyone,

You might remember a few weeks ago I asked you to take a moment and make a list of all the reasons you trust God. I challenged myself to do the same and here is what I came up with. I trust God because:

- His Word is Truth
- He has proven Himself again and again
- He is good
- Trusting in anything else or anyone else is futile
- I believe He is sovereign over all things
- I believe He is for me
- His Word says He is a tower of strength that I can run to

Just typing that out today was a good reminder for me. You might want to get your list out, too. We will refer to it as we look at verse 6.

In the NASB, Psalm 56:6 reads:

"They attack, they lurk, they watch my steps, as they have waited to take my life."

Last week we noted that our words really give indication as to where we are placing our trust. For instance, in verse 4, David had declared his enemies powerless next to God. But in verse 5, we saw David seemed quite bothered by his enemies after all. He was struggling to trust God. How do we know? His continual use of the word "all" gives us a big clue. We noted that when people use the extreme word "all" it is usually in a moment of anxiousness. In David's case, he was fretting concerning his enemies and he said, "All day long they distort my words, all their thoughts are against me for evil."

In verse 6, we will continue to see David's anxiousness as we see his repeated use of the word "they." Have you ever noticed how some people seem continually interested in what "they" are doing? It is easy to place our attention so much upon others activities that they get our mind's focus. When I tend to get into that rut, my husband has often asked me, "Sharon, who are 'they' anyway?" See, "they" can be a small group, large group or even just one person, and we can often get quite bothered by what "they" are thinking or doing can't we?

Listen to David's words in verse 6: "They attack, they lurk, they watch my steps, as they have waited to take my life." Do you see his focus? He seems quite uptight about "they." "They" were watching his steps, ready to attack and lurking about... doing it "all" day long, too! Just so you know, I am not making fun of David. I have felt his pain more times than I can count and used these two words myself again and again. But, I will return to our definition of the word trust; let me remind you. The original Hebrew word for "trust" in verse 3 is "batach" and it means... to trust in, to place confidence in, to feel safe and secure in, to be carefree in.

Here is what I think: When our words are full of "all" and "they" it is probably pretty certain that we are not feeling carefree in the Lord as we seek to trust Him. In fact, when these two little words come out of our mouths, I believe they indicate the exact opposite. I can only speak for myself, but I am quite convinced this is true of others as well.

Trusting God is a lifestyle and it will show up in everything we do and don't do, in everything we say and don't say, and in every decision and activity. It will even show up in the smallest of words. So what do you do when it does seem like your enemies are against you "all" day long and that "they" never stop? This is the time to get out your Trust God List! This is the time to

focus on God in whom you have put your trust!

There is a good word for us in Psalm 56:6... our words, even the little ones, point to whom we trust. May "all" our words clearly indicate we are trusting God. Even though "they" may plague us at every turn, may we say, "All day long Lord, I will put my trust in You!"



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