

MARCH 25

Communion is...

Communion is my good Father making sure I have a meal to eat that nourishes me to live as His child.

Read Matthew 26:53–56

The Gospel gives us the nourishment we need to stay in the hard moments and allow the Scriptures to be fulfilled in us, just like Jesus. Yesterday I shared on this very thing, but there is still more to say...

See Jesus says something in verse 55 that reveals even more of His commitment to the Scriptures. He says, *“Every day I used to sit in the temple teaching you, and you did not seize Me.”* But here is the thing, we know that on those former days when He did sit and teach these people, He was also very aware that this day would come when they would actually seize Him. Yet, even knowing that, He didn’t give up on them. He stayed and showed up day after day teaching them the Scriptures.

And... even in this very intense moment, Jesus was still teaching and giving of Himself to them. When He could have appealed to His Father for a rescue effort from heaven (verse 53), He didn’t. He stayed... even when all of His disciples left, as verse 56 says, *“Then all the disciples left Him and fled.”*

And we just like them all have a tendency to do the same... to flee, exit, say that we are done... when the effort of fulfilling the Scriptures gets too intense for us. Instead of staying, we run the other way. Let me give you just a few of examples of what that might look like:

- **The Scriptures call us to forgive**, but when forgiving gets too hard, we often give up and run full on into justifying our unforgiveness.
- **The Scriptures call us to give generously**, but when that call reaches in too deep and asks for sacrifice, we have a tendency to flee towards selfishness.
- **The Scriptures call us to bridle our tongues**, but when we are angry, our angry words yank off that bridle and take us running.

BUT, in Christ, just like Him, no matter how hard it gets, we actually have the ability to stay! In Christ we are not lacking what it takes to remain in the hard moments and fulfill the Scriptures... because we have been filled and nourished with His body and blood. **So, we are strong... strong enough to stay, that the Scriptures might be fulfilled in us...**

Prayer Conversation Starter...

Jesus, Your communion meal nourishes me to live as You lived. I am amazed at how You stayed in these tough moments and fulfilled the Word. I know that You were able to do that because the Father had poured the fullness of LIFE into You. And through communion I know You are pouring LIFE into me too. Help me not to be a runner... I want to stay and allow the Scripture to be fulfilled in me...



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