

## Communion is...

**Communion is** an exchange... exchanging death for LIFE.

## Read Matthew 26:39-42

**God's Word tells us that through communion, we proclaim Christ's death** (1 Cor. 11:26). Jesus had no one's death to proclaim but His own.

**In verses 39-42 we see Jesus was grieved to the point of death and pleading with His Father to, "Let this cup pass from me."** But there was no one to whom **"this cup"** could pass. So as His prayer continued, we see Jesus surrender to His Father's will that He would drink the cup of death.

**There is so much to see here of Jesus' sacrifice and our benefit.** So many times in our lives the death effects of sin will be handed to us to drink of... whether it be physical death or all other manners of the ways that sin pours the cup of 'death' into our lives. As sinners, we each have a cup of death to drink.

**But the glory of the Gospel is this... as we proclaim His death, we are proclaiming that He died in our place.** And because He drank of death, the Father gives us the privilege of letting our own cup of death pass from us, so we can drink of the cup of LIFE that Jesus alone deserved.

**Jesus was the only One who ever lived as a man on this earth without sin.** And we are wrecked with it. And yet, in exchange, He drank our cup of death, allowing us to drink His cup of Life.

We have the privilege of praying, **"Lord let this cup of death pass from me"** and God will say, **"Yes,"** because it has already been passed to Jesus, and He willingly drank of it.

**As we eat and drink of Life in communion today,** may we realize the holy cup that we hold in our hands and bring to our lips, and be ever grateful for it!

## Prayer Conversation Starter...

**Jesus, You took my cup, and now I have the privilege of drinking of Yours. Thank you for LIFE! LIFE that I can drink of freely. I am in awe of Your goodness and sacrifice for me...**

