



July 26, 2011 - Psalm 56:5

Hi everyone,

I hope you are doing well. Whew! Life can sure be busy and challenging at times, can't it? I am not sure what life is holding for you these days. For us it has been quite a busy time. As we have been in the midst of this busy season and also focusing on Psalm 56, I have been realizing how much every part of our being either displays our trust in the Lord, or our trust in someone or something else. For instance, our words really indicate where we are placing our trust. In these next two weeks we will be memorizing verses 5 and 6 of Psalm 56. As we look at these verses, we will find that even two little words can be a big indicator of our trust or lack of trust in the Lord. Let's take a look.

In the NASB Psalm 56:5 reads:

**"All day long they distort my words;  
all their thoughts are against me for evil."**

In verse 4, we saw David declare his conviction of trust in the Lord, even to go so far as to say, "**What can mere man do to me?**" What a great realization for him and what a great realization for us! If we could only stay in that place of trust and realization. The problem is, as humans, we tend to be a bit fickle in our convictions. As convicted and trusting as David sounds in verse 4, he sounds just as much the victim in verse 5. He says, "**All day long they distort my words; all their thoughts are against me for evil.**" Who is he talking about? His words describe his enemies, the men who are against him. And his choice of words indicates that he is quite bothered by them. These "**men**" that he declared in verse 4 couldn't have any influence in his life, sound like they are having quite the influence after all by the time we get to verse 5.

There is a little word in verse 5 that just jumps out at me and clues me in to the fact that David is more than bothered by these mere men. It is the word "**all**." By using this word, David reveals his own vulnerability and focus upon his enemies. I used to use this word "**all**" quite a bit myself. My husband would question me on the extreme of what I was saying. He would ask:

- "Did they really get on your nerves **all** day long?"

- "Are all the options really that bad?"
- "Are all your friends really able to do whatever they want?"
- "Really, do all their words hurt you?"

See "**all**" is a word of extreme. We say it when we are bothered. It is a form of exaggeration that we usually use when we are trying to make a point. Well, David is making a point. He is pointing to the fact that he is bothered and anxious about his enemies. And, his words point to the fact that he really isn't trusting God.

More than likely his enemies were not "**distorting his words all day long**" nor were they "**thinking about him for evil all day long**." But David sure felt that way. And... he allowed his feelings to direct his mouth into using words that didn't display a trust in the Lord. Remember the definition of the word trust. The original Hebrew word for "**trust**" in verse 3 is "**batach**," and it means: to trust in, to place confidence in, to feel safe and secure in, to be carefree in.

Are we really trusting God? Do we really have a conviction of trust in the Lord, that "**mere man**" cannot touch us in light of the Lord's good care over our lives? Then, let's watch over our words and make sure we speak of this trust.

There is a good word for us in Psalm 56:5... our words, even the little ones, point to whom we trust. May our words clearly indicate we are trusting God. May we say, "**All day long Lord, I will put my trust in You!**"



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