



COLOSSIANS 1:1-12 WEEK 5

ENGAGE YOUR SOUL (YOUR MIND, WILL AND EMOTIONS) IN THE FOLLOWING EXERCISES THIS WEEK

Our focus this week is Colossians 1:12... thankfulness for the inheritance we have in Christ

1. Warm up... READ, DISCERN & COPY

- **READ** Colossians 1:1-12 in at least 3 Bible translations. (Biblegateway.com is a great resource for this)
- **DISCERN** any wording differences you see in verse 12 amongst the three versions. Notate them in your journal.
- **COPY** Colossians 1:12 in the translation that speaks to you the most.

2. Memorize

Memorize Colossians 1:12... working on this throughout the week, starting with one section and then adding on. Make sure to continue reviewing verses 9-11 as well, and once you learn verse 12, you will know the whole prayer!

*Helpful tips for memorization are available on our website www.establishedfootsteps.com

3. Once a Day

Some things are just good to do every day and praying this prayer is definitely one of them! It is a great prayer to continually pray over ourselves and the people in our lives. So, now that our souls have connected to each part of this prayer, pray it for:

- yourself each day this week
- someone else each day this week (make sure to let them know!)

*choose the same person each day, or a different person for each day

4. Stop and Reflect

Verse 12 begins, **“giving thanks to the Father...”** And I might add that the last word of verse 11 is **“joyously”**... the idea being that we would joyously give Him thanks. We have been working our way through this whole prayer and as we bring it to a close, we must consider that the way verse 12 begins calls us to remember WHO we are praying to... our Father! In that regard, stop and reflect on your Father’s heart for you by going back through the prayer points in verses 9-11 and considering why your good good Father would love to see these things actively present in your life. Journal your thoughts.

5. Qualified to Inherit

Verse 12 makes it clear that our Father has qualified us to share in the privileges of living in His kingdom of light. As inheritors of this we have much for which to be thankful. So, has your soul really comprehended and connected to the value of your inheritance? Consider this by working out through the following:

- What are the qualifications needed to be a saint in the kingdom of light? Do you have them? How do you know?
- What does the inheritance of the saints in light consist of?
- What part of that inheritance are you most excited about? Why?
- Is there any part of your inheritance that you are not putting to use? Why or why not?

6. Use the Scripture Prayer Image to help you specifically pray into the joyous thanksgiving of Colossians 1:12.

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