

## Communion is...

**Communion is identity.** I am what I eat.

## Read Matthew 26:59-65

**As we read these verses, we can almost feel the evil darkness in the room.** There is the darkness of manipulation, deception, mean spiritedness, mocking, false accusations and more... all being leveled against Jesus.

**But how did Jesus respond?** Did he manipulate back? No. Did He lie too? No. Did he react in anger, mean-spiritedness, or sarcasm? No. None of this would have been true to the person of Jesus. In this scene, the polarized character in the room between Jesus and the others was like light and darkness.

**Really for most of it, Jesus kept silent.** He didn't retaliate, He didn't react. There is great wisdom in knowing when to speak and when to hold our words. But in verse 64, Jesus' answer to Caiaphas' question of **"You tell us whether You are the Christ, the Son of God"** pointed to His identity. Of this He did speak. And later as the story plays out, in Matthew 27:11 we will also see Jesus reveal His divine identity again.

**See when we know who we are, our character will reveal our identity.** Even in the most challenging of moments our character will speak of who we truly are. Jesus knew exactly Who He was, the Son of the Living God. Just because darkness was closing in around Him, it didn't change His identity. And so, we have seen, and will continue to see Him grounded, established and focused... not reacting, but revealing His glory one moment after another.

**In Christ, we too have been given a glorious identity as a child of God, bearing His image,** full of His Spirit and living for His renown. The more we eat and drink of Jesus, the more we become like Him. And in even our most challenging of moments, we can reveal His glory to the world.

**'You are what you eat'** is a common expression... and perhaps it is never more true than in the communion experience. As we eat and drink of Jesus, we can become like Jesus, having the strength of character to live our lives, even in times of opposition, with heaven's glory.

## Prayer Conversation Starter...

**Jesus, You have instructed me to eat and drink of You.** As I do this daily, make me more like You! I want to handle the moments of my life with the character of heaven...

