

SOUL PILATES MARCH WEEK 1
COLOSSIANS 3:1-17



Now may the God of peace Himself, save you entirely;
may your spirit, soul, and body
be preserved complete without blame at the coming of our Lord Jesus Christ.
I Thessalonians 5:23

<p>We are MADE IN HIS IMAGE Genesis 1:27</p> <p>Just as God is One but has three parts, Father, Son and Spirit, so do we...</p>	<p>DEATH affects us completely Romans 6:23</p> <p>Because of sin, every part of us experiences death...</p>	<p>Salvation affects us completely I Thessalonians 5:23</p> <p>Through Jesus' death and resurrection, every part of us can experience salvation ...</p>
<p>Spirit The place where God dwells</p>	<p>Death of our spirit God told Adam and Eve, "...in the day you eat of it, you shall surely die" Genesis 2:17</p> <p>That day in the Garden of Eden when they chose sin, their spirit died. God would no longer dwell within their spirit. This was an <u>immediate death</u>.</p>	<p>Salvation of our spirit (Justification) Through the death and resurrection of Jesus we are justified to experience a rebirth of our spirit. John 3:1-17, Romans 5:15-17</p> <p>Justification is a legal term that declares someone is "just as if they had never sinned"... the blood of Jesus pays our debt of sin and allows the privilege of our spirit being born again and indwelt by the Holy Spirit. Justification takes place <u>immediately</u> when we receive Jesus as our Savior.</p>
<p>Soul Our mind, will and emotions</p>	<p>Death of our soul Without the Spirit of God ruling our lives, we are left with only our soul to guide our ways. The Bible says, "<i>There is a way that seems right to a man, but in the end it leads to death.</i>" Proverbs 14:12</p> <p>As our soul rules and leads us in sin, God's good plan for our mind, will and emotions is destroyed. This death of our souls <u>takes place over time</u>.</p>	<p>Salvation of our soul (Sanctification) Through the death and resurrection of Jesus, as the Holy Spirit lives in us and we yield to His leading of our soul, our mind, will and emotions are renewed in righteousness. John 17:17, Colossians 3:5-10</p> <p>Sanctification is a cleansing process that takes time. As we daily humble our souls to the leading of the Holy Spirit, He cleanses our thoughts, our wills and our emotions to live in honor of Jesus. This Sanctification process takes place <u>over time</u>.</p>
<p>Body Our physical body/earth suit in this life...</p>	<p>Death of our body Because of sin, our physical bodies are susceptible to death. The Bible says of our physical bodies, "<i>it has been appointed to man to die once...</i>" Hebrews 9:27</p> <p>Sin left our bodies vulnerable to sickness and death and eventually all men will die a physical death. This death will take place <u>in the future</u>.</p>	<p>Salvation of our body (Glorification) Through the death and resurrection of Jesus, we are given the privilege of eternal life in heaven. Our bodies will be glorified and made new. I Corinthians 15:51-57</p> <p>Glorification is a supernatural work of God and one that we can look forward to experiencing for all of eternity. Glorification will take place <u>in the future</u>.</p>

Heart: the connection point of your spirit, soul and body