



I love this 'Me and My Bible' study and I am so glad you have joined in! As we give our time, energy and affection to God's Word, I know that life-giving things take place!

Anytime you start something new, it might seem a little awkward at first, so I wanted to give you some notes to help answer any questions you may have. 'Me and My Bible' is quite simple really... it is just about having tools in your hands to help you have meaningful moments with God as you relate to Him through His Word. We are here to cheer you on along the way!

Even though simple, if after reading through these notes or watching the 'Me and My Bible Getting Started' video you still have questions, don't hesitate to reach out. Blessings as you get started,

*Sharon Thomas*

## YOU WILL NEED:

- **A Bible...** I recommend a hard copy instead of digital, and use the same hard copy as your main source.
- **A Notebook...** even a simple folder... just one place to keep your study pages together for each passage.
- **A Printer...** ideally, each week you can print out the template for the study... but if you would rather just work through it freehand on a blank piece of paper, that is fine too.
- **A Copy** of the 'Me and My Bible' Declaration... we encourage you to print it and have it accessible so you can make this declaration each day before you relate with God through His Word.

## DYNAMICS:

### Communication

- **Tools ...** we have provided all the Bible Study templates on the Me and My Bible page on our website. There is also access to our YouTube channel where you can find "How To Video's" for the tools.
- **YouTube...** we encourage you to subscribe to our YouTube channel, Established Footsteps Ministry, as the 'how-to' videos for the Bible Study tools as well as video messages each month will be posted there.

### Schedule/Bible Study Tool Details

- For Week 1 of the month, use the Bible Study 101 tool.
- For Week 2 of the month, use the Bible Study 202 tool.
- For Week 3 of the month, use the Bible Study 303 tool.
- For Week 4 of the month, use the Bible Study Soul Workout tool.

**\*\*\*As you gain confidence,** we encourage you to add things that would be meaningful to you. Some suggestions:

- Memorize part or all of the passage
- Artistically create something from the passage based on a meaningful moment you have had
- Create a worship playlist based on the passage
- Add additional categories of study to your sheet
- Create a discussion group of others participating and get everyone together

### As you prepare to start...

- **Get your supplies** so you are ready and have what you need...
- **Pray for a heart to love God's Word...** on our own none of us will, but He can change us and cause us to delight in His Word.
- **Invite others** to join you!

### And, let me just say...

- **Don't stress and don't give up!** There will be some weeks that you will not get to do it all... and some weeks that you do way more than what we provide. The heart of 'Me and My Bible' is that you will be giving continuous energy, time and affection into meditating on one section of Scripture. Over the month, it will become a part of you. Your experience won't be perfect, but it can be powerful as you keep showing up, doing your best and inviting the Lord to speak to you.
- **Anytime you have questions...** simply reach out to us. You can do that through the contact tab on our website. I don't have all the answers, but if you have questions please reach out and I will do my best to help!

### Remember...

**The Holy Spirit is your Teacher.** He is with you every time you open your Bible. So, ask Him for revelation, insights, eyes to see and more!