



I am super excited about 'Me and My Bible' and I am so glad you have joined in! As we give our time, energy and affection to God's Word, I know that life-giving things take place!

Anytime you start something new, it might seem a little awkward at first, so I wanted to give you some notes to help answer any questions you may have. 'Me and My Bible' is quite simple really... it is just about us putting tools in your hands to help you have meaningful moments with God as you relate to Him through His Word. And we'll be cheering you on along the way!

Even though simple, if after reading through these notes or watching the 'Me and My Bible Getting Started' video you still have questions, don't hesitate to reach out. Blessings as you get started,

Sharon Thomas

YOU WILL NEED:

- **A Bible...** I recommend a hard copy instead of digital, and use the same hard copy as your main source.
- **A Notebook...** even a simple folder... just one place to keep your study pages together for each passage.
- **A Printer...** ideally, each week you can print out the template for the study... but if you would rather just work through it freehand on a blank piece of paper, that is fine too.
- **A Copy** of the 'Me and My Bible' Declaration... we encourage you to print it and have it accessible so you can make this declaration each day before you relate with God through His Word.

DYNAMICS:

Communication

- **Email ...** as a subscriber to 'Me and My Bible' we will communicate with you via email.
- **Website...** anything we send to you will also be posted on our website... <https://www.establishedfootsteps.com/>
- **YouTube...** we encourage you to subscribe to our YouTube channel, Established Footsteps Ministry, as the 'how-to' videos for the Bible Study tools as well as video messages each month will be posted there.
- **Facebook...** we have created a Facebook group for any who would like to have some interaction with others around the globe who are also participating. You can find it and request to join at <https://www.facebook.com/groups/582315272582447/>

Schedule

- On the **FIRST DAY OF EACH MONTH** we will share the **PASSAGE** for the month.
- On **MONDAY** of each week we will send the **BIBLE STUDY TOOL** for that week. We will use the same tools each month, and you will get more and more confident in using them.
- At **VARIOUS TIMES** during the month, I will share some **SCRIPTURE PRAYER IMAGES** based on the passage.
- **EACH WEEK** we will post a **CONVERSATION STARTER QUESTION** to the Facebook group. Participate as desired.
- At **SOME POINT** during the month I will post a **TEACHING VIDEO** to YouTube for you to watch/listen to at your convenience. The video may zoom in on one part of the passage, or it might cover the whole of it. This will vary.

Bible Study Tool Details

- For Week 1 of the month, we will use the Bible Study 101 tool.
- For Week 2 of the month, we will use the Bible Study 202 tool.
- For Week 3 of the month, we will use the Bible Study 303 tool.
- For Week 4 of the month, we will use the Bible Study Soul Workout tool.

*****During the month of January**, at the beginning of each week, we will share the tool, but also include a video of how to use that tool. These videos will stay posted on our YouTube channel for your reference.

*****As you gain confidence**, we encourage you to add things that would be meaningful to you. Some suggestions:

- Memorize part or all of the passage
- Artistically create something from the passage based on a meaningful moment you have had
- Create a worship playlist based on the passage
- Add additional categories of study to your sheet
- Create a discussion group of others participating and get everyone together

So... until we get started on January 6th

- **Get your supplies** so you are ready to start.
- **Pray for a heart to love God's Word...** on our own none of us will, but He can change us and cause us to delight in His Word.
- **Invite others** to join in too!

And, let me just say...

- **Don't stress and don't give up!** There will be some weeks that you will not get to do it all... and some weeks that you do way more than what we provide. The heart of 'Me and My Bible' is that you will be giving continuous energy, time and affection into meditating on one section of Scripture. Over the month, it will become a part of you. Your experience won't be perfect, but it can be powerful as you keep showing up, doing your best and inviting the Lord to speak to you.
- **Anytime you have questions...** simply reach out to us. You can do that through the contact tab on our website or replying to the emails we send.
- **I will be learning right along with you**, using the weekly tools myself with my Bible. I don't have all the answers, but if you have questions please reach out and I will do my best to help!

Remember...

The Holy Spirit is your Teacher. He is with you every time you open your Bible. So, ask Him for revelation, insights, eyes to see and more!