

Communion is...

Communion is an invitation from God to me, to meet with Him in LIFE!

Read Matthew 28:1-8

We have a tendency to look for Jesus in the wrong place... in death, instead of LIFE. And it is no wonder that we do, because we live in a world of death. Ever since sin entered the world in the Garden of Eden, we have been living amongst death and feeling all of its threats. So, it only makes sense that when those death threats deliver, they become our reality. **But the same is not true for Jesus.**

Oh death threatened Him, and it surely delivered...we are well aware that He died a brutal death.

Every one of His followers knew it too. So, it only makes sense that Mary and Mary would look for Jesus in the grave. But what did the angel tell them? ***“He is not here, He is risen, just as He said...”*** And He went on to tell them, ***“He is going before you into Galilee, there you will see Him...”***

See the angel pointed them away from the grave and upward toward LIFE. He told them to find Jesus in Galilee, which was a fertile mountainous region... a place of LIFE, strong, high and stable. Death is a low place, full of decay, darkness and fear. Jesus was there, but He didn't stay there. **He dealt with death and He overcame it!**

The Lord will always tell us where to find Jesus. And the clear Word here is that He is not in the grave but He is abiding in LIFE!

And that surely speaks to our moments today when we are looking for Jesus. When death threatens us and even delivers... we need to make sure we look for Jesus, not in death but in LIFE!

You may be thinking, what does that mean?... what does that even look like? Well I believe it looks like the communion experience. In communion we remember His death, celebrating that He died in our place... but we don't stay there... we move on... now communing with Him in a place of LIFE.

See too often we keep trying to find Jesus in the grave. In the places where sin has tried to overtake us, we are looking for Him to abide with us there. But Jesus doesn't abide in death. He is not in the grave. The communion experience invites us to remember that He cared enough to step into death with us, but He overcame it long ago. So we won't find Him in death, but in LIFE. And He has instructed us to meet Him there!

Prayer Conversation Starter...

Jesus, thank you for taking on death for me and overcoming it. Help me to be willing now to come to where you are, in LIFE!



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