

MARCH 7

Communion is...

Communion is worship... exalting God above all things.

Read Matthew 26:30

The character of Christ shines in this verse! “And after singing a hymn, they went out to the Mount of Olives.” Jesus knew every detail about what was about to take place in the coming moments. **So, BEFORE He walked into these moments, He WORSHIPED.**

This worship shines forth Who Jesus is, what His life was about and where He centered His destiny!

As we dig into the original language of verse 30, we find that the *“hymn”* which was sung in this moment was not found in a hymn book as we know it today, but actually they sang portions of the Psalms, specifically what the Jews would have called the Great Hallel and what is also known as the Paschal Hymns... Psalm 113-118 and Psalm 136. **Knowing this, it calls us to connect with what Jesus and His disciples sang in this most dramatic moment.** I encourage you to read through them and connect to this experience.

As you do you will find that each of these Psalms is rich with exaltation of God, His lovingkindness, His history of faithfulness toward His people and His care for the distressed and helpless. And Psalm 118:22 and 26 specifically reveal prophesy that is considered to be Messianic in nature... in other words prophesy that reveals Christ. **So, in this moment, Christ was singing of His own story and exalting God in trust as He walked toward it.**

As I eat of this communion meal today, I marvel at this moment. I am also so inspired by it. Knowing that as I walk into my own struggles each day, I can and I should worship. **And I now know just the verses to sing to the Lord as I do!**

Prayer Conversation Starter...

Jesus, You amaze me! As I look into the details of how You walked out these incredibly difficult moments, I am humbled, inspired and amazed. **May worship flow through me as it did through You!** May I have the faith and trust to know that even in the most challenging of moments, I can and I should worship.



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