



NOVEMBER THEME



Week One

Monday ~ **READ**

READ Matthew 8:23-27 in several translations/paraphrases of Scripture.

*You may want to also read Mark 4:35-41. *www.Biblegateway.com is a great place to view varied translations and paraphrases of Scripture.

Tuesday ~ **COPY**

COPY Matthew 8:23-27 in your preferred translation or paraphrase.

Wednesday ~ **PONDER**

*Take note, the miracles Jesus performs reveal He is Lord over everything, this one... His Lordship over nature.

- **IDENTIFY**– What is the miracle in Matthew 8:23-27? How does it reveal Jesus Lordship over nature? Can you also think of other miracles Jesus performed that reveal this as well? Journal your thoughts.
- **CONSIDER** – This miracle speaks to both the physical nature and our spiritual and emotional nature as well.
 - **Physical nature** – How does it encourage you to know that Jesus is Lord over nature? Do you have any specific fears related to the physical realm of nature? Perhaps storms, sickness, darkness, heights, germs, water... these can cause fear. Ponder Jesus' power over nature as displayed here. Journal your thoughts.
 - **Emotional nature** – It is often our nature to respond to challenges in fear. But Jesus is Lord over our nature too and His miraculous power and care for us can speak to our fears and quiet them. Consider the following:
 - v.24** – this storm *“came out of nowhere”* (Msg). Can you think of a *“storm”* that came out of nowhere in your life and threatened you? What *“waves”* crashed against you in that storm and filled your life with struggle? Did you feel that Jesus was *“unaware”* as this took place? Journal your thoughts.
 - v.25-26** – the disciples assumed the worst and cried out, *“Lord we are going down!”* (Msg). Their response revealed they didn't really know the Lordship of Jesus Who was right there with them. Jesus said to them, *“Why are you faint of heart?”* – in other words why are you quick to let your heart drop into anxiousness and fear? So... what about you? Is fear your natural response when storms arise in your life? Journal your thoughts.
 - v.26-27** – Notice how Jesus handled BOTH storms... He SPOKE. The WORD He speaks holds miraculous power over nature – both physical nature like wind and waves, but also the nature of you and me to respond in fear! Do you marvel at this as His disciples did? How does it encourage you? Journal your thoughts.

Thursday ~ **PRAY**

PRAY Use the prompts below to pray into the Truths of Matthew 8:23-27.

- **PRAISE JESUS** as the One Who is Lord over all things, specifically nature!
- **THANK JESUS** for His presence in your life, always being with you.
- **ASK JESUS** to help you realize the miracle working power that comes with His presence.
- **TALK TO JESUS** about any *“storms in your life”* and the needs you have. Then let Him speak.
- **DECLARE** that Jesus is Lord over the wind and waves both physical and emotional.

Friday ~ **LISTEN**

LISTEN to a message on Matthew 8:23-27 on our YouTube Channel, *Established Footsteps Ministry*.

*The video will be posted by Friday and the link will be sent to you via email.

Saturday ~ **SHARE**

SHARE with a friend about the miracle working power of Jesus over nature!