

Communion is...

Communion is an impression ... a time when I am not impressed with the power of sin, the hold it seems to have or the fear it may bring... but I am impressed with the power of the body and blood of Christ!

Read Matthew 28:1-10

Do you ever find yourself holding back in telling someone about the resurrected Jesus? Why do we do that? I think it is safe to assume that for most of us, if we are ever holding back, it is because we have become too impressed with fear.

It is interesting to see that when the angel instructed the women after showing them the empty tomb, he told them to ***“Go quickly and tell His disciples...”*** That word ***“quickly”*** catches my heart.

In the original language it actually means, ***“without delay”*** and as we read in verse 8, we find they didn't delay at all. It says, ***“And they departed quickly from the tomb with fear and with great joy and ran to report it to the disciples.”***

So, they went quickly... and did you see what they took with them? Both fear and joy! Of course there was fear... these women had experienced one dramatic moment after another over the past several days and now they had just encountered an angel and an empty tomb. Crazy stuff! So no doubt their hearts had been impressed with fear. But there was also something else impressing upon them... joy! **Jesus was alive and that news changed everything for them!**

And certainly the news of Jesus' resurrection impresses joy upon our hearts and changes everything within us too. So, as we also have this joy, let us learn from their example... let us be willing to ***“go quickly”*** and share the good news... even if we have fear. Because we can take both the fear and the joy with us.

See more than likely as we seek to share the good news of Jesus, we will have circumstances surrounding us that will impress fear upon us. That is just part of living in a broken world. But as we have seen here, we can group that fear with our joy and set our feet on course to share without delay.

And here is what I believe... Jesus will meet us! Did you see that Jesus met these women as they were on the way? He met their fear with His presence. They actually saw Him alive and I'm sure that minimized their fear and maximized their joy!

When I meet with Christ in communion, He makes a deep impression upon me... and I have found that my joy rises and my fears fade too. See when we remember His death and then fellowship with Him in life, things inside of us shift and an urgency rises within us to share all we have experienced. Fear gets put in its place, joy takes over and we move forward without delay. **It is just so good to be with Jesus. Good for us and good for everyone around us too.**

Prayer Conversation Starter...

Jesus, impress me with Your Gospel! I know there are people around me who need to hear about You. Minimize my fear, maximize my joy and help me move forward without delay...

