

Communion is...

Communion is expectation... expecting Jesus to fulfill every promise He has spoken over my life.

Read Matthew 28:1-10

Several years ago my pastor preached a sermon that deeply impacted me... the main word of that message was that no one showed up for the resurrection. I had never thought about that before, but the more he expounded upon it, the more I saw it to be true. And the more I saw it to be true, the Lord began to talk to me about my own RSVP to His resurrection in my life.

As the months went on this became a recurring conversation between the Lord and I. And I too preached several messages about it. All that to say, whenever I land upon sections of Scripture which share the story of Jesus' resurrection, I hear the Lord saying, **"Are you showing up?"**

See all throughout His earthly ministry, Jesus' had repeatedly told His disciples that He would be in the grave for three days and then He would rise again. They had certainly seen enough of His character to know He was faithful to His Word. And they had certainly seen Him perform plenty of miracles, even raising others from the dead. But when the third day came, the only one there to see it was the angel who rolled away the stone. No one else came.

Why? Fear, unbelief, sadness, trauma and probably a host of many understandable reasons that we all can probably relate to. But being on this side of the story where we have full view of Jesus' resurrection, we can also see that **they missed out on the greatest moment of their lives!**

Now you might be thinking, "but the women came," and true they did. But why did they come? Mark 16 tells us that they came bringing spices. That would be like bringing a casserole to the funeral, just trying to do something to help during a time of loss. See the women were bringing spices to take care of Jesus body, his dead body. **The point is, they didn't come expecting to see Jesus alive.**

So what about us? We can't show up and see Jesus walk out of the grave, but He has spoken repeatedly to us about the power of His resurrection in our lives. These promises are all over Scripture. And they are not just for our future in heaven, but His promises are for right now too... He has promised to resurrect the dead things in our lives... dead thoughts, emotions, relationships, habits... He promises to make all things new! **The question is, are we showing up expecting resurrection, or are we hiding away in fear, unbelief, sadness, trauma and more.**

As I have practiced the experience of communion this year, I have come to realize that every time I show up and take communion with Jesus, I am really showing up for His resurrection in me. **Why would I ever want to miss out on that?**

Prayer Conversation Starter...

Jesus, You said You would rise from the dead on the third day and You did! Help me to believe every promise of resurrection that You have spoken to me and help me to show up for it...

