



OCTOBER THEME



"I AM"

Week One – *I AM the Bread of Life*

Monday ~ **READ**

READ John 8:58 and John 6:32-35 in several translations and paraphrases of Scripture.

(optional reading - John 6:41-55) *www.Biblegateway.com is a great place to view varied translations and paraphrases of Scripture

Tuesday ~ **COPY**

COPY John 8:58 John 6:32-35 in your preferred translation or paraphrase.

Wednesday ~ **PONDER**

- As you begin to ponder, consider several things:

*The miracle that had just taken place the day before... read it in John 6:1-14.

*The context of the conversation where Jesus is speaking in our passage... back up to verse 26 and read to see it.

*Jesus words... *"Truly, truly"* or in some versions, *"Verily, verily"* or *Amen, amen.* There is much that could be said about this **Double Amen** as it is often called, but just be mindful that Jesus spoke it 20 different times in the book of John, and He does so to emphatically indicate that Truth He is about to speak. He can do this because as the GREAT I AM, He has firsthand knowledge and authority about all things. So, Jesus says *"Amen, amen"* BEFORE He speaks to indicate Truth... while we say, *"Amen"* AFTER He speaks to affirm that we receive what He said.

- **Look closely and clarify** – write out the things that Jesus clarifies in verses 32, 33, and 35.
- **Ponder the dynamics, experiences and benefits of physically eating bread**, and make a list of everything you can think of. Then, consider how each of those things is also true spiritually. Journal your thoughts.
- **John 6:34** – Read verse 34 in several different translations, being mindful that this is the cry of the people's hearts in response to Jesus' I AM statement here. So, ponder this question... is it also the cry of your heart? If so, how would you express it to the Lord? Journal your thoughts.
- **As Jesus is the "Bread of Life" how does one eat of Him?** Journal your thoughts as the Holy Spirit leads.
- **By His, "Amen, amen,"** Jesus clearly affirmed this Truth of His identity. Is your response, "Amen?" Journal your thoughts.

Thursday ~ **PRAY**

PRAY Use the prompts below to pray into the Truths of John 8:58 and John 6:32-35.

- **PRAISE JESUS** as the *GREAT I AM* and *"THE BREAD OF LIFE"* and for allowing you to know Him as such!
- **ASK JESUS** to feed you today with Himself...
- **ASK JESUS** to show you fresh, creative and satisfying ways to eat of Him...
- **CRY OUT** to JESUS as they did in verse 34, *"Lord, evermore give us this bread!"*
- **DECLARE** that Jesus is your true sustenance and satisfaction.

Friday ~ **LISTEN**

LISTEN to a message on John 8:58 and John 6:32-35 on our YouTube Channel, *Established Footsteps Ministry*.

*The video will be posted by Friday and the link will be sent to you via email.

Saturday ~ **SHARE**

SHARE the encouragement of John 8:58 and John 6:32-35 with someone who is hungry...