



Messages and Teachings of Sharon Thomas

Established Footsteps Ministry

Retreat and Conference Themes

***Note – You may notice that some retreat theme descriptions are repeated. This means the basic teaching is similar but the stories and presentation throughout them follow different themes.**

Crossing Over (3 messages)

Explores stories in John 11 which challenge believers to cross over from mediocrity to MORE in Christ.

Reflections of God in Me (3 messages)

Ministers a calling to live our lives for God's glory through a study in Genesis 1-2, Romans 5 and more.

Healthy (2 messages)

Considers John 15 and being a healthy believer...abiding and joyful.

New Strength (2 messages)

Calls believers to wait upon the Lord and gain new strength in daily living through a study of Isaiah 40.

Perfect Peace (3 messages)

Focuses on Isaiah 26:3, teaching practical strategies for living in peace.

Praying God's Word (2 messages)

Explores the Lord's Prayer and the power of praying in God's language, His Word.

Castles In the Sand (3 messages + 20 minute testimony/introduction)

Explores three questions based on II Corinthians 4:17-18 to help us live victoriously in this world.

Only the World (3 messages)

Explores three questions based on II Corinthians 4:17-18 to help us live victoriously in this world.

Established Footsteps (3 messages)

Looks carefully at the value of the Word of God in the life of a believer.

Filled Up (2 messages)

Using a coffee house theme, ministers the love of Christ through an intimate look at the life of Mary.

He Loves Me, He Loves Me Not (2 messages + 20 minute testimony/introduction)

Ministers the love of Christ through an intimate look at the life of Mary.

Honestly, Women Walking in Truth (3 messages)

Considers the walking process...first we sit, then stand, and then walk as we mature in Christ.

From Trash to Treasure (2 messages + 20 minute testimony/introduction)

Explores the truths of Colossians 3:1-17 to discover the new lifestyle we have in Christ.

Joyfully Walking in His Word (2 messages + 20 minute testimony/introduction)

Explores the truths of Colossians 3:1-17 to discover the new lifestyle we have in Christ.

Since Then... A Weekend for Women (2 messages + 20 minute testimony/introduction)

Explores the truths of Colossians 3:1-17 to discover the new lifestyle we have in Christ.

A Life of Purpose (3 messages)

Examines the life of Esther, her legacy and our future.

Isn't She Lovely (3 messages)

II Corinthians 3:18 and selected passages from Isaiah deliver a strong message of who we are in Christ.

Messages

Traveling Light

We were not designed for self care. We have a Shepherd! Listeners are encouraged in this Truth through a teaching of Psalm 23 and Isaiah 40.

A Mother's Prayers

Who is praying for your children? This message challenges mothers to a deeper level of prayer through Ephesians 3:14-21 and also shares practical ways to make prayer a reality in your life.

A Conviction of Hope

Living with hope instead of despair is possible! Powerful teaching from Psalm 27:13-14 is shared.

Simple Pleasures

God desires for us to find rest in Him and enjoy the journey. He has created simple pleasures for us to enjoy and these are encouraged through this teaching that focuses on spending time with Him.

Strapped in Tight

Life can be like a roller coaster and the Word of God is the security strap for our protection. This message inspires the believer to strap in tight for the ride.

Take a Deep Breath

What happens when we breathe in the Truth that God breathed out for us? Consider the message of II Timothy 3:16-17 and be set free to a life of peace and righteous living.

The Benefit of God's Word

Inspiring insight into the life of Mary Magdalene will spur listeners on to being devoted to the Word of God.

The Power of Christmas

The true "Christmas" has the power to change lives. Isaiah 9:2-7 is the scene in this message for considering the promise of "Christmas".

Retreat/Conference Notes

New Themes

Sharon loves to study and write new teachings. If you have a specific theme in mind, please contact us about it. If time permits, she may be willing to write a new message for your specific theme.

Theme Support Ideas

Many of our retreat themes have a collection of ideas, songs, videos, activities and small group questions designed to make your retreat an impacting experience.

Sharing our Experience

Lots of experience in leading retreats has yielded some great wisdom. We are happy to share what we have gleaned and believe it will help make your retreat a more impacting experience for all who attend.

Comments from Listeners

"Your love of His Word shows and everyone wants to love it like you do... Thank you for sharing your life with us!"

Cynthia Crawford, Hampton, VA

"...It was SUCH a blessing to have you here with us over the weekend. The fellowship was rich and rewarding, and your ministry (I'm confident), will continue to produce great results in Christ, for a long time to come."

Daniel Downing – Pastor, Lexington, NC

"...Just wanted to let you know how much of a blessing your teaching was to me and the ladies this weekend! I heard first-hand conversations and application on Sunday morning as ladies were teaching Bible Studies or just sharing what you taught on! It was just the message we all needed to hear! Even our sound guy was blessed!"

Michele Chapman, Grand Prairie, TX

"... that is the beauty of Sharon's speaking - she ALWAYS draws women to God's Word – not to herself. I am so thankful Sharon has been called to full time women's ministry, and I could not more highly recommend her as a guest speaker for Christian women's events."

Kippy Arcara, Yorktown, VA